

# DISCUSSION GUIDE

ROAD BLOCKS | HURT

JANUARY 12/13

## FOR STARTERS

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged you or raised questions?
2. As a group, list the many ways you have experienced hurt. Share briefly about your hurt - what was it, how did/does it impact you and how did God help you through?

## DIGGING IN

1. Read Psalm 10:1-11
  - How did hurt affect the Psalmist's spiritual life?
  - List 3-5 characteristics of the person who does the hurting?
  - What impact does the pain have on the Psalmist? Look at verses 1 and 10.
2. Read Psalm 10:12-18
  - What is the victim asking God to do?
  - What is the victim believing about God?
  - Stuck between a belief in God's eternal reign (v16) and His ultimate victory over evil (v18), what does the victim say about God in v17?
3. Look up the following verses and remember again God's response to those who hurt.
  - Psalm 34:18
  - Psalm 147:3
  - Isaiah 43:2-3; Isaiah 53:5; Isaiah 61:1 (Jesus used this verse to announce His ministry!)
  - 1 Peter 2:23; 1 Peter 5:10

## BRINGING IT HOME

1. From this week's message, what is God asking you to do and how can the group help you?
2. How can we better help those who hurt in light of this message?
3. Who do you need to forgive or ask for forgiveness?
4. When Jesus suffered, Peter tells us he entrusted himself to God (1 Peter 2:23-24). Referencing Psalm 10, what does that look like?

# MESSAGE NOTES

SERIES:

TITLE:

SCRIPTURE:

Belonging to a small group is a great way to grow spiritually. If you would like to join a group or get more information, contact Bri Morrison at [bmorrison@doorcreekchurch.org](mailto:bmorrison@doorcreekchurch.org).