

# DISCUSSION GUIDE

ROAD BLOCKS | ANGER

JANUARY 19/20 | JONAH 4

## FOR STARTERS

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged you or raised questions?
2. As a group, list the many ways you have experienced anger. Share briefly about your anger—what angered you, how did/does it impact you and others around you and how did God help you through it?
3. How has your anger resulted in your struggle to be forgiving?

## DIGGING IN

1. Read James 1:20. When does your anger cross the line so that the righteousness of God is no longer evident in you?
2. Is it sin to be angry?
3. Is it sin to be unforgiving?
4. Discuss what it means to be angry and, "...sin not: let not the sun go down upon your wrath." Ephesians 4:26
5. How do you see the world and the anger that is displayed every day in our society?
6. When I am angry I... (Share what you do.)

## BRINGING IT HOME

1. How can you walk with those who are struggling with their anger?
2. How can you let people walk with you as you deal with your anger?
3. How have you become bitter when God chooses to show mercy on your enemy or someone you feel doesn't deserve it?
4. From the message this week, what is God asking you to do and how can this group help you?

# MESSAGE NOTES

SERIES:

TITLE:

SCRIPTURE:

Belonging to a small group is a great way to grow spiritually. If you would like to join a group or get more information, contact Bri Morrison at [bmorrison@doorcreekchurch.org](mailto:bmorrison@doorcreekchurch.org).