## **DISCUSSION GUIDE**

# JANUARY 11/12 | THE STRUGGLE IS REAL RELATIONAL HEALTH

#### **FOR STARTERS**

- 1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged you or raised questions?
- 2. What does a healthy relationship look like to you?
- 3. What kinds of relationships do you struggle with most?

#### **DIGGING IN**

- 1. Am I to be trusting of everyone regardless of our relationship?
- 2. Read Proverbs 13:20. Do we become what we befriend?
- 3. What does 2 Corinthians 6:14 compel us to live as?
- 4. What's a good way to bring a failing relationship into a sailing relationship?

### **BRINGING IT HOME**

- 1. How does our relationship with God mirror our relationship with others?
- 2. How can you walk with those who struggle in maintaining a healthy relationship?
- 3. How can this group help you when seeking healthy relationships?